OSCARS

EST. 2003

HOTEL-ACCOMMODATION-FUNCTIONS



Gluten Free
Menu

We take extreme care when preparing special dietary needs however, our kitchen uses nuts, sesame seeds, dairy products, eggs, soy & wheat therefore we cannot guarantee no traces of these allergens

GLUTEN FREE MENU

Please specify when ordering if you require your meal gluten free

SHARE PLATES & STARTERS

(11am til late)

Chicken, Zucchini & Sweet Chili Soup –
Served with gluten free toast ***Small*** $16.00 ***Large*** $20.00

***Salt and Pepper Calamari** (i)
(NB: This dish is cooked in oil that may contain traces of gluten)
Fried squid, spinach, cherry tomato and parmesan with citrus aioli $21.00

Herb Pizza
Served with sweet chilli and sour cream $22.00

***Tempura Prawns** (i)
(NB: This dish is cooked in oil that may contain traces of gluten)
With a pickled vegetable salad and drizzled with a spiced honey dressing $21.00

***Popcorn Chicken**
(NB: This dish is cooked in oil that may contain traces of gluten)
Served with kewpie mayonnaise $21.00

Lunch

(11am til 5.30pm)

Toasted Sandwich (The Old Favourite)
Chicken breast, avocado, semi-dried tomato, cheese and aioli served with garden salad $16.50

Soup 'N Sandwich
Chicken, zucchini & Sweet Chili Soup Served with a *chicken breast, avocado, semi-dried tomato, cheese & aioli toasty* $26.00

Club Sandwich
Bacon, egg, turkey, tomato, cheese, lettuce and aioli in a toasted club sandwich served with garden salad $22.00

Lunch Parmigiana
½ hand crumbed chicken breast topped with Virginian ham, cheese, tomato & basil salsa served with crispy parmesan potatoes & salad $24.50

Sides

Steamed Vegetables $ 9.50
Garden Salad $ 8.50
Crispy Parmesan Potatoes $14.50

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(A) - Australian sourced seafood & (i) - Imported seafood

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Light & Healthy

(11am til late)

Warm Veg & Haloumi Salad
Roast pumpkin, broccoli, beans, spinach, seed mix & grilled haloumi, topped with a poached egg & drizzled with extra virgin olive oil $23.50

Salmon Buddha Bowl (A)
Grilled salmon, brown rice, cherry tomatoes, pickled vegetables, avocado, cucumber with teriyaki sauce $29.00

Full Salmon Fillet $43.50

Warm Chicken Salad
Grilled chicken tenderloins served on roasted butternut pumpkin with bacon, avocado and cos leaves dressed with a sweet honey mayo $29.50

Nourish Bowl
Moroccan chicken, roasted beetroot & maple sweet potatoes, spinach, mixed seeds topped with a balsamic glaze & Greek yoghurt $27.50

Mains

(11am til late)

Butter Chicken
Cooked in a traditional rich onion, tomato & cashew gravy with herbs & spices on a side of jasmine rice. Garnished with fresh cream & coriander $36.00

Roasted Pumpkin Risotto
Roasted pumpkin, goat's cheese, baby spinach, garlic and shallots with toasted pine nuts, finished with white wine and parmesan $29.50

Add Chicken $34.50

Salt and Pepper Calamari (i)
(NB: This dish is cooked in oil that may contain traces of gluten)
Fried squid, spinach, cherry tomato and parmesan with citrus aioli $32.00

Chicken Parmigiana
Hand crumbed chicken breast topped with Virginian ham, cheese & tomato and basil salsa served with crispy parmesan potatoes & salad $32.90

Atlantic Salmon (A)
Grilled salmon, crispy parmesan potatoes, asparagus, green peas with a citrus & tomato butter sauce $44.00

Eye fillet
Cooked medium served with a fresh garden salad & crispy parmesan potatoes and mushroom sauce $48.50

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Pizza

(11am til late)

Margherita
Napoli sauce, fresh basil, & bocconcini $25.00

Hawaiian
Napoli sauce, Virginian ham, pineapple & mozzarella $27.50

Hot Salami
Napoli sauce, mozzarella, hot salami, roasted capsicum, garlic and chilli flakes $30.00

Vegetarian
Napoli sauce, spinach, feta, chilli flakes, capsicum, mushroom, and sliced tomatoes $29.00

Sweet Chilli Chicken
Sweet chilli sauce, roast chicken, mozzarella, roasted pumpkin, spinach, cherry tomatoes & oregano $31.00

BBQ Chicken
House made BBQ sauce, roast chicken, bacon, roasted chat potatoes, roasted capsicum, rosemary & mozzarella. Finished with garlic aioli $31.00

Kids Menu

Kids Toasty (Available until 5.30pm)
Cheese or Vegemite & Cheese ..... $ 9.00

Ham and Pineapple Pizza $16.00

Margarita Pizza $16.00

Homemade Popcorn Chicken with Salad $15.50
(NB: This dish is cooked in oil that may contain traces of gluten)

Chicken Parmigiana
Served with crispy parmesan potatoes & salad $24.50

Desserts

Please see our daily specials for more sweet and savory gluten free options

Gluten Free Chocolate Brownie
Served with double cream ..... $ 5.50

Orange Cupcake
Served with double cream ..... $ 6.50

Pavlova Roll
Served with double cream $13.50

Gluten Free Chocolate Cake
Served warm with double cream(Gluten &Dairy Free) ..... $ 8.50

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BREAKFAST

(Served Until 11am)

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Freshly Squeezed Orange Juice ..... $ 9.00

Eggs Benedict
Poached eggs, shaved ham on gluten free toast with hollandaise $24.50

Bacon & Eggs on Toast
Two eggs, served with bacon on gluten free toast $21.50
Children's serve $13.50

Warm Veg & Haloumi Salad
Roast pumpkin, broccoli, beans, spinach, seed mix & Grilled haloumi, topped with a poached egg & extra virgin olive oil $23.50

Vegetarian Breakfast
Two eggs, pan fried cherry tomatoes, spinach, field mushrooms, avocado on gluten free toast $27.00

Oscars Breakfast
Two eggs, pan fried cherry tomatoes, spinach, bacon, avocado, field mushroom on gluten free toast $31.00

Extras -
Egg, pan fried cherry tomatoes, field mushroom, spinach, hollandaise sauce ..... $ 5.00
Bacon, pulled pork, avocado ..... $ 6.00

PLEASE NOTE: Oscars use only Millbrook Free Range Eggs

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